



Middle School Breakfast
Breakfast

Fremont County School District #1

Mon	Tue	Wed	Thu	Fri
8/22/2022	8/23/2022	8/24/2022	8/25/2022	8/26/2022
Main Entree Mini Waffle Assorted Cold Cereal Fruit Fresh Fruit Canned Fruit Assorted Fruit Juice Cups Dessert Syrup Cup	Main Entree Breakfast Pizza Assorted Cold Cereal Fruit Fresh Fruit Canned Fruit	Main Entree Bagel Plain WG Assorted Cold Cereal Fruit Fresh Fruit Canned Fruit Juicy Juice 4 oz Dessert Cream Cheese Cup	Main Entree Omelet Cheese Colby Child Nutrition Assorted Cold Cereal Sausage Link Grain Toast WG Fruit Fresh Fruit Canned Fruit	Main Entree Donut Ring Magic Apple Assorted Cold Cereal Gogurt Fruit Fresh Fruit Canned Fruit
8/29/2022	8/30/2022	8/31/2022	9/1/2022	9/2/2022
Main Entree French Toast Sticks WG Assorted Cold Cereal Fruit Fresh Fruit Canned Fruit Assorted Fruit Juice Cups Dessert Syrup Cup	Main Entree Pancake Wrap Maple (Turkey) Assorted Cold Cereal Grain Cinnamon Goldfish Graham Fruit Fresh Fruit Canned Fruit	Main Entree Muffin Assorted WG (2.0 oz) Yogurt Yami 4 oz Assorted Cold Cereal Fruit Fresh Fruit Canned Fruit Juicy Juice 4 oz	Main Entree Eggstravaganza Assorted Cold Cereal Grain Granola Bar Quaker Vegetable Salsa Fruit Fresh Fruit Canned Fruit	Main Entree Benefit Bar (assorted) Assorted Cold Cereal String Cheese Stick Fruit Fresh Fruit Canned Fruit
9/5/2022	9/6/2022	9/7/2022	9/8/2022	9/9/2022
	Main Entree Biscuit & Gravy Assorted Cold Cereal Fruit Fresh Fruit Canned Fruit Assorted Fruit Juice Cups	Main Entree Mini Bagel Assorted Cold Cereal Fruit Fresh Fruit Canned Fruit	Main Entree Breakfast Burrito Cheese & Egg Assorted Cold Cereal Vegetable Salsa Cup 3 oz Fruit Fresh Fruit Canned Fruit Juicy Juice 4 oz	Main Entree Breakfast Smoothie- Berry Patch Assorted Cold Cereal Grain Scooby Snacks Fruit Fresh Fruit Canned Fruit



Mon	Tue	Wed	Thu	Fri
9/12/2022	9/13/2022	9/14/2022	9/15/2022	9/16/2022
Main Entree Pancake WG Assorted Cold Cereal Fruit Fresh Fruit Canned Fruit Assorted Fruit Juice Cups Dessert Syrup Cup	Main Entree Fruity Oatmeal Assorted Cold Cereal Fruit Fresh Fruit Canned Fruit	Main Entree Muffin Assorted WG (2.0 oz) Yogurt Yami 4 oz Assorted Cold Cereal Fruit Fresh Fruit Canned Fruit Juicy Juice 4 oz	Main Entree Cheese Egg Sausage Sandwich Assorted Cold Cereal Fruit Fresh Fruit Canned Fruit	Main Entree Cinnamon Roll WG Assorted Cold Cereal Gogurt Fruit Fresh Fruit Canned Fruit
9/19/2022	9/20/2022	9/21/2022	9/22/2022	9/23/2022
Main Entree Mini Waffle Assorted Cold Cereal Fruit Fresh Fruit Canned Fruit Assorted Fruit Juice Cups Dessert Syrup Cup	Main Entree Breakfast Pizza Assorted Cold Cereal Fruit Fresh Fruit Canned Fruit	Main Entree Bagel Plain WG Assorted Cold Cereal Fruit Fresh Fruit Canned Fruit Juicy Juice 4 oz Dessert Cream Cheese Cup	Main Entree Omelet Cheese Colby Child Nutrition Assorted Cold Cereal Sausage Link Grain Toast WG Fruit Fresh Fruit Canned Fruit	Main Entree Donut Ring Magic Apple Assorted Cold Cereal Gogurt Fruit Fresh Fruit Canned Fruit
9/26/2022	9/27/2022	9/28/2022	9/29/2022	9/30/2022
Main Entree French Toast Sticks WG Assorted Cold Cereal Fruit Fresh Fruit Canned Fruit Assorted Fruit Juice Cups Dessert Syrup Cup	Main Entree Pancake Wrap Maple (Turkey) Assorted Cold Cereal Grain Cinnamon Goldfish Graham Fruit Fresh Fruit Canned Fruit	Main Entree Muffin Assorted WG (2.0 oz) Yogurt Yami 4 oz Assorted Cold Cereal Fruit Fresh Fruit Canned Fruit Juicy Juice 4 oz	Main Entree Eggstravaganza Assorted Cold Cereal Grain Granola Bar Quaker Fruit Fresh Fruit Canned Fruit	Main Entree Benefit Bar (assorted) Assorted Cold Cereal String Cheese Stick Fruit Fresh Fruit Canned Fruit