

High School Breakfast
Breakfast

Fremont County School District #1

Mon	Tue	Wed	Thu	Fri
8/22/2022	8/23/2022	8/24/2022	8/25/2022	8/26/2022
Main Entree Mini Waffle Assorted Cold Cereal Fruit Fresh Fruit Canned Fruit Assorted Fruit Juice Cups Dessert Syrup Cup	Main Entree Breakfast Pizza Assorted Cold Cereal Donut Ring Magic Apple Fruit Fresh Fruit Canned Fruit	Main Entree Bagel Plain WG Assorted Cold Cereal Breakfast Smoothie- Berry Patch Cinnamon Goldfish Graham Fruit Fresh Fruit Canned Fruit Juicy Juice 4 oz Dessert Cream Cheese Cup	Main Entree Omelet Cheese Colby Child Nutrition Toast WG Sausage Link Assorted Cold Cereal Apple Frudel Fruit Fresh Fruit Canned Fruit	Main Entree Biscuit & Gravy Assorted Cold Cereal Cinnamon Roll WG Fruit Fresh Fruit Canned Fruit
8/29/2022	8/30/2022	8/31/2022	9/1/2022	9/2/2022
Main Entree Egg, Sausage, Biscuit Assorted Cold Cereal French Toast Sticks WG Fruit Fresh Fruit Canned Fruit Assorted Fruit Juice Cups Dessert Syrup Cup	Main Entree Avocado Toast w/ hard boiled eggs Assorted Cold Cereal Pancake Wrap Maple (Turkey) Grain Cinnamon Goldfish Graham Fruit Fresh Fruit Canned Fruit Dessert Syrup Cup	Main Entree Muffin Assorted WG (2.0 oz) Assorted Cold Cereal Yogurt Yami 4 oz Churro W Fruit Fresh Fruit Canned Fruit Juicy Juice 4 oz	Main Entree Eggstravaganza Tortilla 6", WG Assorted Cold Cereal Benefit Bar (assorted) String Cheese Stick Vegetable Salsa Fruit Fresh Fruit Canned Fruit	Main Entree Biscuit & Gravy Assorted Cold Cereal Cinnamon Roll WG Fruit Fresh Fruit Canned Fruit
9/5/2022	9/6/2022	9/7/2022	9/8/2022	9/9/2022
	Main Entree Breakfast Pizza Assorted Cold Cereal Donut Long John WG Fruit Fresh Fruit Canned Fruit Assorted Fruit Juice Cups	Main Entree Mini Bagel Assorted Cold Cereal Breakfast Smoothie- Berry Patch Cinnamon Goldfish Graham Fruit Fresh Fruit Canned Fruit	Main Entree Breakfast Burrito Cheese & Egg Assorted Cold Cereal Apple Frudel Vegetable Salsa Cup 3 oz Fruit Fresh Fruit Canned Fruit Juicy Juice 4 oz	Main Entree Biscuit & Gravy Assorted Cold Cereal Cinnamon Roll WG Fruit Fresh Fruit Canned Fruit

Mon	Tue	Wed	Thu	Fri
9/12/2022	9/13/2022	9/14/2022	9/15/2022	9/16/2022
Main Entree Pancake WG Assorted Cold Cereal Egg, Sausage, Biscuit	Main Entree Overnight Oats- Apple Pie Assorted Cold Cereal Pancake Wrap Maple (Turkey)	Main Entree Muffin Assorted WG (2.0 oz) Yogurt Yami 4 oz Assorted Cold Cereal Churro W	Main Entree Cheese Egg Sausage Sandwich Assorted Cold Cereal Benefit Bar (assorted) String Cheese Stick	Main Entree Biscuit & Gravy Assorted Cold Cereal Cinnamon Roll WG
Fruit Fresh Fruit Canned Fruit Assorted Fruit Juice Cups	Fruit Fresh Fruit Canned Fruit	Fruit Fresh Fruit Canned Fruit Juicy Juice 4 oz	Fruit Fresh Fruit Canned Fruit	Fruit Fresh Fruit Canned Fruit
Dessert Syrup Cup				
9/19/2022	9/20/2022	9/21/2022	9/22/2022	9/23/2022
Main Entree Mini Waffle Assorted Cold Cereal	Main Entree Breakfast Pizza Assorted Cold Cereal Donut Ring Magic Apple	Main Entree Bagel Plain WG Assorted Cold Cereal Breakfast Smoothie- Berry Patch Cinnamon Goldfish Graham	Main Entree Omelet Cheese Colby Child Nutrition Toast WG Sausage Link Assorted Cold Cereal Apple Frudel	Main Entree Biscuit & Gravy Assorted Cold Cereal Cinnamon Roll WG
Fruit Fresh Fruit Canned Fruit Assorted Fruit Juice Cups	Fruit Fresh Fruit Canned Fruit	Fruit Fresh Fruit Canned Fruit Juicy Juice 4 oz	Fruit Fresh Fruit Canned Fruit	Fruit Fresh Fruit Canned Fruit
Dessert Syrup Cup		Dessert Cream Cheese Cup		
9/26/2022	9/27/2022	9/28/2022	9/29/2022	9/30/2022
Main Entree Egg, Sausage, Biscuit Assorted Cold Cereal French Toast Sticks WG	Main Entree Avocado Toast w/ hard boiled eggs Assorted Cold Cereal Pancake Wrap Maple (Turkey)	Main Entree Muffin Assorted WG (2.0 oz) Assorted Cold Cereal Yogurt Yami 4 oz Churro W	Main Entree Eggstravaganza Tortilla 6", WG Assorted Cold Cereal Benefit Bar (assorted) String Cheese Stick	Main Entree Biscuit & Gravy Assorted Cold Cereal Cinnamon Roll WG
Fruit Fresh Fruit Canned Fruit Assorted Fruit Juice Cups	Grain Cinnamon Goldfish Graham	Fruit Fresh Fruit Canned Fruit Juicy Juice 4 oz	Vegetable Salsa	Fruit Fresh Fruit Canned Fruit
Dessert Syrup Cup	Fruit Fresh Fruit Canned Fruit		Fruit Fresh Fruit Canned Fruit	
	Dessert Syrup Cup			