

High School Breakfast  
Breakfast

Fremont CSD #1

Mon	Tue	Wed	Thu	Fri
5/1/2023	5/2/2023	5/3/2023	5/4/2023	5/5/2023
<b>Main Entree</b> Mini French Toast Assorted Cold Cereal Egg, Hardboiled Cottage Cheese Toast WG <b>Fruit</b> Fresh Fruit Canned Fruit	<b>Main Entree</b> Breakfast Pizza Assorted Cold Cereal Donut Long John WG <b>Fruit</b> Fresh Fruit Canned Fruit Assorted Fruit Juice Cups	<b>Main Entree</b> Mini Bagel Assorted Cold Cereal Breakfast Smoothie - Peach Sunrise Cereal Granola Singles <b>Fruit</b> Fresh Fruit Canned Fruit	<b>Main Entree</b> Breakfast Burrito Cheese & Egg Assorted Cold Cereal Apple Frudel <b>Vegetable</b> Salsa Cup 3 oz <b>Fruit</b> Fresh Fruit Canned Fruit Juicy Juice 4 oz	<b>Main Entree</b> Biscuit & Gravy Assorted Cold Cereal Cinnamon Roll WG <b>Fruit</b> Fresh Fruit Canned Fruit
5/8/2023	5/9/2023	5/10/2023	5/11/2023	5/12/2023
<b>Main Entree</b> Pancake WG Assorted Cold Cereal Egg, Sausage, Biscuit <b>Fruit</b> Fresh Fruit Canned Fruit Assorted Fruit Juice Cups <b>Dessert</b> Syrup Cup	<b>Main Entree</b> Assorted Cold Cereal Sausage Link Omelet Cheese Colby Pancake Wrap Maple (Turkey) Toast WG <b>Grain</b> Cinnamon Goldfish Graham <b>Fruit</b> Fresh Fruit Canned Fruit <b>Dessert</b> Syrup Cup	<b>Main Entree</b> Muffin Assorted WG (2.0 oz) Yogurt Yami 4 oz Assorted Cold Cereal Eggstravaganza Biscuit <b>Fruit</b> Fresh Fruit Canned Fruit Juicy Juice 4 oz	<b>Main Entree</b> Banana Split Parfait Assorted Cold Cereal Benefit Bar (assorted) String Cheese Stick <b>Fruit</b> Fresh Fruit Canned Fruit	<b>Main Entree</b> Biscuit & Gravy Assorted Cold Cereal Cinnamon Roll WG <b>Fruit</b> Fresh Fruit Canned Fruit Assorted Fruit Juice Cups
5/15/2023	5/16/2023	5/17/2023	5/18/2023	5/19/2023
<b>Main Entree</b> Mini French Toast Assorted Cold Cereal Egg, Hardboiled Cottage Cheese Toast WG <b>Fruit</b> Fresh Fruit Canned Fruit	<b>Main Entree</b> Breakfast Bowl Assorted Cold Cereal Donut Ring Magic Apple <b>Fruit</b> Fresh Fruit Canned Fruit Juicy Juice 4 oz	<b>Main Entree</b> Bagel Plain WG Assorted Cold Cereal Breakfast Smoothie - Peach Sunrise Cereal Granola Singles <b>Fruit</b> Fresh Fruit Canned Fruit <b>Dessert</b> Cream Cheese Cup	<b>Main Entree</b> Breakfast Burrito Cheese & Egg Assorted Cold Cereal Apple Frudel <b>Vegetable</b> Salsa Cup 3 oz <b>Fruit</b> Fresh Fruit Canned Fruit Juicy Juice 4 oz	<b>Main Entree</b> Biscuit & Gravy Assorted Cold Cereal Cinnamon Roll WG <b>Fruit</b> Fresh Fruit Canned Fruit

Mon	Tue	Wed	Thu	Fri
5/22/2023	5/23/2023	5/24/2023	5/25/2023	5/26/2023
<b>Main Entree</b>	<b>Main Entree</b>	<b>Main Entree</b>	<b>Main Entree</b>	<b>Main Entree</b>
CHEF'S CHOICE Mini Waffle Assorted Cold Cereal Cheese Egg Sausage Sandwich	CHEF'S CHOICE Eggstravaganza Biscuit Assorted Cold Cereal Benefit Bar (assorted) String Cheese Stick	CHEF'S CHOICE Pancake Wrap Maple (Turkey) Assorted Cold Cereal Banana Bread Gogurt	CHEF'S CHOICE Omelet Cheese Colby Sausage Link Toast WG Assorted Cold Cereal Fruity Oatmeal	CHEF'S CHOICE Biscuit & Gravy Assorted Cold Cereal Cinnamon Roll WG
<b>Fruit</b>	<b>Fruit</b>	<b>Fruit</b>	<b>Fruit</b>	<b>Fruit</b>
Fresh Fruit Canned Fruit Assorted Fruit Juice Cups	Fresh Fruit Canned Fruit	Fresh Fruit Canned Fruit Assorted Fruit Juice Cups	Fresh Fruit Canned Fruit	Fresh Fruit Canned Fruit Assorted Fruit Juice Cups
<b>Dessert</b>				
Syrup Cup				