

Mon	Tue	Wed	Thu	Fri
10/31/2022	11/1/2022	11/2/2022	11/3/2022	11/4/2022
Main Entree Mini Mummy Dogs	Main Entree Taco, Beef (K-5)	Main Entree Chicken Nuggets GoldKist Brand	Main Entree Potato Bar Cheese (k-5)	Main Entree zPizza Ripper Ham & Cheese
Vegetable GreenBean Fresh Veggies	Vegetable Corn, frozen Fresh Veggies	Grain Granola Bar Quaker	Grain Dinner Roll	Vegetable Baked Beans Coleslaw Fresh Veggies
Fruit Spooky Applesauce Fresh Fruit Canned Fruit	Fruit Fresh Fruit Canned Fruit	Vegetable Carrot, Frozen (3/4 cup) Fresh Veggies	Vegetable Broccoli Fresh Veggies	Fruit Fresh Fruit Canned Fruit
Dessert Cottage Cheese Cupcake		Fruit Fresh Fruit Canned Fruit	Fruit Fresh Fruit Canned Fruit	
11/7/2022	11/8/2022	11/9/2022	11/10/2022	11/11/2022
Main Entree Chicken Patty Sandwich	Main Entree Pork Taco (K-5)	Main Entree Cheeseburger	Main Entree Ravioli w/ Sauce	Main Entree zCheese Filled Breadstick
Vegetable Vegetable Mix 5-way Fresh Veggies	Vegetable Black Bean Salsa Cup 3 oz Fresh Veggies	Vegetable Potato Fries Fresh Veggies	Vegetable Vegetables Chefcut Pacific Fresh Veggies	Vegetable Country Blend Marinara Cup Fresh Veggies
Fruit Fresh Fruit Canned Fruit	Fruit Fresh Fruit Canned Fruit	Fruit Fresh Fruit Canned Fruit	Fruit Fresh Fruit Canned Fruit	Fruit Fresh Fruit Canned Fruit
11/14/2022	11/15/2022	11/16/2022	11/17/2022	11/18/2022
Main Entree BBQ Pulled Pork Sandwich (K-5)	Main Entree Burrito Bean & Cheese	Main Entree Sloppy Joe (K-5)	Main Entree Mandarin Orange Chicken & Rice (k-5)	Main Entree zWG Pizza- 4x6 Cheese
Vegetable GreenBean Fresh Veggies	Grain Spanish Rice	Vegetable Carrot, Frozen (3/4 cup) Fresh Veggies	Vegetable Broccoli Fresh Veggies	Vegetable Baked Beans Coleslaw Fresh Veggies
Fruit Fresh Fruit Canned Fruit	Vegetable Corn, frozen Fresh Veggies	Fruit Fresh Fruit Canned Fruit	Fruit Fresh Fruit Canned Fruit	Fruit Fresh Fruit Canned Fruit
	Fruit Fresh Fruit Canned Fruit			

Mon	Tue	Wed	Thu	Fri
11/21/2022	11/22/2022	11/23/2022	11/24/2022	11/25/2022
Main Entree Chicken Alfredo w/ Noodles	Main Entree Chicken Fajita (K-5)			
Grain Dinner Roll	Vegetable Refried Beans Fresh Veggies			
Vegetable Vegetable Mix 5-way Fresh Veggies	Fruit Fresh Fruit Canned Fruit			
Fruit Fresh Fruit Canned Fruit				
11/28/2022	11/29/2022	11/30/2022	12/1/2022	12/2/2022
Main Entree Breaded Chicken Strips WG	Main Entree Taco Tots (k-8)	Main Entree Beef Hotdog		
Grain Goldfish Cracker Cheddar	Grain Dinner Roll	Vegetable Carrot, Frozen (3/4 cup) Fresh Veggies		
Vegetable GreenBean Fresh Veggies	Vegetable Corn, frozen Fresh Veggies	Fruit Fresh Fruit Canned Fruit		
Fruit Fresh Fruit Canned Fruit	Fruit Fresh Fruit Canned Fruit			