

Middle School Breakfast
Breakfast

Fremont County School District #1

Mon	Tue	Wed	Thu	Fri
10/31/2022	11/1/2022	11/2/2022	11/3/2022	11/4/2022
Main Entree Yogurt Parfait Pumpkin Patch (6-12) Assorted Cold Cereal	Main Entree Mini Bagel Assorted Cold Cereal	Main Entree Breakfast Burrito Cheese & Egg Assorted Cold Cereal	Main Entree Breakfast Smoothie- Apple Spice Assorted Cold Cereal	Main Entree Pancake WG Assorted Cold Cereal
Fruit Fresh Fruit Canned Fruit	Fruit Fresh Fruit Canned Fruit	Vegetable Salsa Cup 3 oz	Grain Scooby Snacks	Fruit Fresh Fruit Canned Fruit Assorted Fruit Juice Cups
		Fruit Fresh Fruit Canned Fruit Juicy Juice 4 oz	Fruit Fresh Fruit Canned Fruit	Dessert Syrup Cup
11/7/2022	11/8/2022	11/9/2022	11/10/2022	11/11/2022
Main Entree Biscuit & Gravy Assorted Cold Cereal	Main Entree Egg Cheese Sandwich Assorted Cold Cereal	Main Entree Cinnamon Roll WG Assorted Cold Cereal Gogurt	Main Entree Banana Split Parfait Assorted Cold Cereal	Main Entree Mini Waffle Assorted Cold Cereal
Fruit Fresh Fruit Canned Fruit	Fruit Fresh Fruit Canned Fruit Juicy Juice 4 oz	Fruit Fresh Fruit Canned Fruit	Fruit Fresh Fruit Canned Fruit	Fruit Fresh Fruit Canned Fruit Assorted Fruit Juice Cups
				Dessert Syrup Cup
11/14/2022	11/15/2022	11/16/2022	11/17/2022	11/18/2022
Main Entree Breakfast Pizza Assorted Cold Cereal	Main Entree Omelet Cheese Colby Child Nutrition Sausage Link Assorted Cold Cereal	Main Entree Bagel Blueberry WG Assorted Cold Cereal	Main Entree Donut Ring Magic Apple Assorted Cold Cereal Gogurt	Main Entree French Toast Sticks WG Assorted Cold Cereal
Fruit Fresh Fruit Canned Fruit	Fruit Fresh Fruit Canned Fruit Juicy Juice 4 oz	Grain Toast WG	Fruit Fresh Fruit Canned Fruit	Fruit Fresh Fruit Canned Fruit Assorted Fruit Juice Cups
		Fruit Fresh Fruit Canned Fruit		Dessert Syrup Cup
		Dessert Cream Cheese Cup		
11/21/2022	11/22/2022	11/23/2022	11/24/2022	11/25/2022
Main Entree Pancake Wrap Maple (Turkey) Assorted Cold Cereal	Main Entree Eggstravaganza Assorted Cold Cereal			
Grain Cinnamon Goldfish Graham	Grain Granola Bar Quaker			
Fruit Fresh Fruit Canned Fruit	Fruit Fresh Fruit Canned Fruit			

Mon	Tue	Wed	Thu	Fri
11/28/2022	11/29/2022	11/30/2022	12/1/2022	12/2/2022
Main Entree Benefit Bar (assorted) Assorted Cold Cereal String Cheese Stick	Main Entree Mini Bagel Assorted Cold Cereal	Main Entree Muffin Assorted WG (2.0 oz) Yogurt Yami 4 oz Assorted Cold Cereal		
Fruit Fresh Fruit Canned Fruit	Fruit Fresh Fruit Canned Fruit	Fruit Fresh Fruit Canned Fruit Juicy Juice 4 oz		