

High School Breakfast
Breakfast

Fremont County School District #1

Mon	Tue	Wed	Thu	Fri
10/31/2022	11/1/2022	11/2/2022	11/3/2022	11/4/2022
Main Entree Yogurt Parfait Pumpkin Patch (6-12) Assorted Cold Cereal Mini French Toast	Main Entree Breakfast Pizza Assorted Cold Cereal Donut Long John WG	Main Entree Mini Bagel Assorted Cold Cereal Breakfast Smoothie- Apple Spice Cereal Granola Singles	Main Entree Breakfast Burrito Cheese & Egg Assorted Cold Cereal Apple Frudel	Main Entree Biscuit & Gravy Assorted Cold Cereal Cinnamon Roll WG
Fruit Fresh Fruit Canned Fruit	Fruit Fresh Fruit Canned Fruit Assorted Fruit Juice Cups	Fruit Fresh Fruit Canned Fruit	Vegetable Salsa Cup 3 oz	Fruit Fresh Fruit Canned Fruit
Dessert Syrup Cup			Fruit Fresh Fruit Canned Fruit Juicy Juice 4 oz	
11/7/2022	11/8/2022	11/9/2022	11/10/2022	11/11/2022
Main Entree Pancake WG Assorted Cold Cereal Egg, Sausage, Biscuit	Main Entree Pancake Wrap Maple (Turkey) Assorted Cold Cereal Egg, Turkey & Cheese Tornado	Main Entree Muffin Assorted WG (2.0 oz) Yogurt Yami 4 oz Assorted Cold Cereal Cheese Egg Sausage Sandwich	Main Entree Banana Split Parfait Assorted Cold Cereal Benefit Bar (assorted) String Cheese Stick	Main Entree Biscuit & Gravy Assorted Cold Cereal Cinnamon Roll WG
Fruit Fresh Fruit Canned Fruit Assorted Fruit Juice Cups	Fruit Fresh Fruit Canned Fruit	Fruit Fresh Fruit Canned Fruit Juicy Juice 4 oz	Fruit Fresh Fruit Canned Fruit	Fruit Fresh Fruit Canned Fruit
Dessert Syrup Cup				
11/14/2022	11/15/2022	11/16/2022	11/17/2022	11/18/2022
Main Entree Mini Waffle Assorted Cold Cereal Breakfast Bowl	Main Entree Breakfast Pizza Assorted Cold Cereal Donut Ring Magic Apple	Main Entree Bagel Plain WG Assorted Cold Cereal Breakfast Smoothie- Apple Spice Cereal Granola Singles	Main Entree Omelet Cheese Colby Child Nutrition Toast WG Sausage Link Assorted Cold Cereal Apple Frudel	Main Entree Biscuit & Gravy Assorted Cold Cereal Cinnamon Roll WG
Fruit Fresh Fruit Canned Fruit Assorted Fruit Juice Cups	Fruit Fresh Fruit Canned Fruit	Fruit Fresh Fruit Canned Fruit Juicy Juice 4 oz	Fruit Fresh Fruit Canned Fruit	Fruit Fresh Fruit Canned Fruit
Dessert Syrup Cup		Dessert Cream Cheese Cup		

Mon	Tue	Wed	Thu	Fri
11/21/2022	11/22/2022	11/23/2022	11/24/2022	11/25/2022
Main Entree Breakfast Burrito Cheese & Egg Assorted Cold Cereal French Toast Sticks WG Fruit Fresh Fruit Canned Fruit Assorted Fruit Juice Cups Dessert Syrup Cup	Main Entree Egg, Turkey & Cheese Tornado Assorted Cold Cereal Yogurt Yami 4 oz Grain Muffin Assorted WG (2.0 oz) Fruit Fresh Fruit Canned Fruit			
11/28/2022	11/29/2022	11/30/2022	12/1/2022	12/2/2022
Main Entree Mini French Toast Assorted Cold Cereal Breakfast Bowl Fruit Fresh Fruit Canned Fruit Dessert Syrup Cup	Main Entree Breakfast Pizza Assorted Cold Cereal Donut Long John WG Fruit Fresh Fruit Canned Fruit Assorted Fruit Juice Cups	Main Entree Mini Bagel Assorted Cold Cereal Breakfast Smoothie- Apple Spice Cereal Granola Singles Fruit Fresh Fruit Canned Fruit		