

## **Podcast notes Megan Park**

Intro- High School, College, why she chose education

2:14- First job out of college North Elementary

7:10- MTSS and levels of interventions

8:41- Restorative Practices

12:00- SEL (Social Emotional Learning) and Self Care

13:10- Technology in schools

13:10- Executive Functioning, Technology in schools

19:10- Teacher growth and the PLC model

24:15- Experiences as a new Administrator