

**Podcast notes- Hillary Reisig, Assistant Principal Lander Valley High School  
Recorded 9/10/2021**

**We discuss:**

- Personal background- growing up in Tacoma, Knew she wanted to be a teacher in elementary school, Undergrad at the University of Puget Sound, Study abroad (Wales) Teaching in Taiwan [1:00-6:00]
- Teaching profession viewed differently in Taiwan [6:00-7:00]
- First experience in teaching in Washington (5 years) Moved to Lander in 2009, Taught 6 years at LVHS, Pathfinder experience, Instructional Facilitator (4 years) [7:20-11:00]
- Educational Leadership experience- first year humbling experience, steep learning curve, much more to the Assistant Principal position than she thought, [11:00-13:15]
- Differences between classroom and A.P. position, challenges students and families face, working with all the staff in the building, central office and community. Focus on what is best for students. [13:15-15:00]
- Providing supports for students and their families. Greatest challenge educators face is dealing with the needs of the whole child before you can instruct. Assistant Principal not just a disciplinarian; transforming role to add support to students and families. [15:30-19:00]
- How schools are addressing the Social and Emotional needs of students. Schools have great resources but need the help of the entire community [19:30-21:00]
- The role of social media contributing to decline of mental health, role of substance use and abuse (more than recreational, using substances to cope). How do we implement consequences and also help students? Therapeutic counselors [21:45-26:00]
- Not all doom and gloom. Students supporting each other [26:00-26:44]
- Homecoming celebrations, students engaging in the climate of school, Wants community involvement. [26:45-30:05]

Special thanks to Nick Potter, our new library assistant at LVHS for helping me with recording and editing of the podcast!